

PROFESSIONAL DISCLOSURE STATEMENT

Rulondo T. Anderson, MA, LPC

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My name is Rulondo T. Anderson, MA, LPC. I am currently a **Licensed Professional Counselor** in the state of North Carolina (License # 9371). I am currently pursuing licensure as a Licensed Professional Counselor Supervisor in the state of North Carolina. I obtained a Master of Arts degree in Mental Health Counseling from the Webster University in 2008. I also have a Bachelor of Science degree in Communications from West Virginia State University, which I received in 1997.

I have obtained additional continuing education hours in clinical supervision to maintain my status as a **Qualified Clinical Supervisor** under the new guidelines of the North Carolina Board of Licensed Professional Counselors. Currently, I can provide clinical and administrative supervision in the areas of Mental Health Counseling, Child & Adolescent Counseling, and Family Counseling. I have received over 45 hours in supervision and leadership training on a variety of topics including, team building, professional resiliency, ethics, counseling techniques, and assessment.

My approach to supervision is to be a teacher and mentor. During supervision, we will discuss individual cases, treatment planning, and therapeutic strategies to use in various situations. I will also emphasize the need for the counselor to become more aware of their own emotional reaction to the client and how this can impact the therapeutic relationship. Supervision will include transcripts of a therapy session, providing co-therapy and/or audio/video recordings of a session.

To evaluate the supervisee's progress in supervision, I will use the NCBLPC Quarterly Supervision Reports. The supervision meetings are strictly confidential to protect any client information which is discussed during the meeting. There are some exceptions in which confidentiality does not apply--if it is reported that a client of the supervisee has stated an intention to harm self or others or has reported any form of abuse or neglect, the supervisee is required by law to report this information to the appropriate authorities and will be advised to do so by myself as the Qualified Clinical Supervisor. Evaluative information may need to be shared with the appropriate licensing board or professors (in the case of Practicum or Internship). Disclosures made in triadic or group supervision cannot be absolutely guaranteed as confidential.

Supervision meetings will be 1 hour in length at a rate of \$65 per hour. Payment in the form of cash, check or major credit card will be accepted. In case of a clinical emergency, the supervisee should follow the protocol established by their place of employment or educational program. I may also be reached for clinical consultation by phone at **704-252-4381** and available 24 hours for emergency consultation. As a member of the NCBLPC, I am obligated to follow the American Counseling Association's Code of Ethics and the Center for Credentialing and Education's Approved Clinical Supervisor Code of Ethics.

I have over 20 years of experience in the field of mental health and counseling. I have worked with children, adolescents, and families throughout my career. This population includes those from diverse racial and ethnic cultures and various socio-economic backgrounds. I can provide counseling services including individual therapy, family therapy, group therapy, parent training, crisis management, and case management. I have provided these services in outpatient clinics, within the client's home, in residential facilities, and in schools. I have worked with different agencies such as Department of Social Services and Department of Juvenile Justice in assisting these target populations to find appropriate placement and counseling services. I have assisted clients in finding community-based services, such as self-help groups and after-care programs.

I utilize a Cognitive-Behavioral approach to counseling. The emphasis is on the client's current functioning. This technique focuses on changing thought processes to change behaviors. This includes overt behaviors, such as physical and verbal aggression, and behavioral deficits, including pro-social behaviors that should occur more frequently. My personal philosophy is "client empowerment". My job is to help the client to develop the skills to use to manage life and personal crises.

I am the founder and Executive Director of Anderson Counseling and Consulting Group, PLLC in Charlotte, North Carolina. I provide Outpatient Therapy Services including Comprehensive Clinical Assessments, Individual Therapy, and Family Therapy. Anderson Counseling and Consulting Group, PLLC is a provider of a mental health services for children, adolescents, adults, and families within Mecklenburg and surrounding counties. These services include: Family Therapy, Individual Therapy, Couples Counseling, Group Therapy, Clinical Supervision, Clinical Assessments, and Medication Management.

If you have any questions, concerns, or complaints regarding my professional conduct or licensure, you can contact the North Carolina Board of Professional Counselors at the address below:

North Carolina Board of Licensed Professional Counselors
PO Box 77819
Greensboro, NC 27417
Email: NCBLPC@CAPHILL.com
Phone: 919-661-0820

Rulondo T. Anderson, MA, LPC **Date**

Signature of Supervisor **Date**